# Dossier de Presse

C A S S I S

LE BONHEUR HAUTE DÉFINITION







With its grandiose scenery and colourful harbour, Cassis stands out thanks to its typically Mediterranean lifestyle. You can live here all year round to the rhythm of nature and human activity. You can hike, sail, dive, cycle, you can discover the savours of an inimitable terroir, and listen to some jazz. You can meet fishermen, writers, people whose roots lie in Provence or who adopted Cassis as their home and proclaim their love for their exceptional surroundings and the importance of protecting them. In Cassis, the professionals have managed to adapt and reinvent themselves to meet new expectations and offer the best possible welcome: outings in small groups or private events, discovery of the wide open spaces, mobility and parking rethought for a smoother traffic flow...

Those are just some of the points that capture the special spirit of Cassis!

## **HIGHLIGHTS & WHAT'S NEW IN CASSIS IN 2024**



## **SETTLING IN**

## **New: Hôtel Liautaud**

A veritable institution on the harbourside, the Hôtel Liautaud will be opening its doors again in June 2024 after a long period of works. A confidential thirty-room boutique hotel, the Hôtel Liautaud will welcome its guests in a clean-lined décor with colours paying tribute to the natural colours of Cassis stone. It is aiming for a 4\* classification. On the roof, the new lounge terrace, with its Mediterranean atmosphere will offer a stupendous view of the bay and the iconic Cap Canaille.

Rates: starting from £119 in the low season,



# New: Le Cabanon at Suite 23, a great place to unwind





Suite 23 tells Magali's story – the host at this lovely luminous house, author of books on art, gastronomy, gardening and wellbeing... Spring 2024 will see the opening of the third room in a cabin at the bottom of the garden. Renovated in the spirit of Provence, it will give pride of place to a décor consisting of salvaged old furniture for greater authenticity, Clef Verte Label. At the end of 2024, Magali will also propose creative workshops around her passions.

Rates: starting from €220 in the low season, homemade organic breakfast included and served on the terrace facing the sea. https://www.suites23.com/

## New: Hôtel by Reboul

The Hôtel Cassiden is changing of owner. Further to extensive works, this intimate little address in the village will become a charming boutique hotel. The new concept: associating the boutique's lovely ready-to-wear brands – accessories on the ground floor with the décor of the 10 rooms and proposing as many services as possible. Breakfast served on the terrace. Opening scheduled in the spring.

Ever more eco-responsible accommodation each year in Cassis



The Green key international label promotes the development of ecologically responsible tourism.

In Cassis, the Hôtel les Volets rouges was the first, along with the Fontasse Youth Hostel, to receive this label. Two hotels have completed this eco-responsible offering in 2023: the Hôtel Cœur de Cassis 3\*\*\*, joined by the legendary:

Hôtel les Roches Blanches 5\*. In January 2024, it will be the turn of the Suite 23 and La Demeure insoupçonnée guest houses to be acknowledged for their commitment to the environment.

## Re-looked old world charm

After extensive works, the Hôtel des Calanques 2\* proposes its new superior rooms with balcony, courtyard or terrace... A tastefully renovated little hotel that has kept its "village home" spirit (careful, the stairs are steep!) with a view on the garden side giving on to the castle, harbour view from the top-floor terraces.







## In 2025...

## La Loco guest rooms

Rare, not to say unique,
guest rooms
in a station!
With every comfort,
these rooms with
a vintage atmosphere
- François will deploy all the retro
charm that
he masters so well will see the light of day
in Cassis station in 2025.
Icing on the cake: the sea view!

## The Address guest house completes its offering

Somewhere between a B&B and a luxury boutique hotel, in a green cocoon, The Address brims with charm! On the garden level, the two new Junior Suites benefit from a private terrace facing the sea, refined decoration and luxury services. Each detail is reviewed by the mistress of the house, Sabine, for the rest and well being of her guests.

Starting from  $\ensuremath{\mathfrak{C}}297$  for the Bestouan Junior suite (32 sq.m) with private Jacuzzi, seasonal healthy organic breakfasts included. Room service on request.

www.theadress-cassis.com





# Treat yourself to a 5\* day by the sea





The Hôtel les Roches Blanches 5\* proposes new gourmet specialities so you can make the most of its four generous tables, masterfully managed by the chef Nicolas Sintes and the pastry chef Valentin Fabry.

An unforgettable experience: make the most of a 5\* moment of pure relaxation, for a whole day. The Spa Sisley wellbeing space combines a swim & spa formula combining the benefits of an exclusive 5\* care day, access to the two pools offered.

www.roches-blanches-cassis.com

## **HIGHLIGHTS & WHAT'S NEW IN CASSIS IN 2024**

## **CLINK GLASSES IN THE VINEYARDS**

The new addresses for tasting (and drinking) the wines of Cassis, on the wine estates.

## In the feminine

# The new lounge bar space and its terrace with a view, on the Domaine de la Ferme Blanche

In the heart of the estate, you can order a glass or a bottle and make the most of a delicious moment ... The Ferme Blanche has a sublime new terrace, facing the vines, prolonged by a lounge cocoon where you can settle in. An enchanting setting in which to fully savour the property's wines. Jéromine, a passionate winemaker, has plenty more surprises in store for you, to be discovered in the spring.

http://www.domainedelafermeblanche.com/







# With the family







New! The cabin in the vineyard with its sea view terrace and casks for a friendly moment at the Domaine la Dona Tigana

We all know their Apéros'Vignes, gourmet musical evenings, for dancing under the stars, but this spring we can add their tastings in the cabin in the vineyard. The choice is yours: comfy sofas and armchairs, or wine casks and stools, to taste the estate's magnificent vintages.

A new space in the image of the organisers, the welcoming Tigana family.

www.domaineladonatigana.com



The pâtisserie



 $\label{lem:constraint} Irresistible!\ You choose your\ 5*\ brunch$  Delicious creations by Valentin Fabry, pastry chef at

the Roches Blanches 5\* hotel, to take away from the Nomade pâtisserie, Rue Victor Hugo. Fabulous desserts, not too sweet to bring out the delicate flavours and highlight the quality of the ingredients: Pavlova, all-chocolate Lima, not to mention the giant pastries, a cocoa bread, and some club sandwich and soup specialities if you prefer something savoury.

https://www.nomade-cassis.com/

# The Christmas (olive-)oil pumps

In December, we all head for the Christmas Market or the Romarin restaurant to savour the flavour of the past with Fabrice's olive oil pumps. These typically Provençale brioches, scented with orange blossom are perfect for breakfast.

The story: their name is taken from the flour used to "pump up" the oil left over at the bottom of the oil mills' vats.





## The breakfast club

The sweet or savoury brunch specialist, to be enjoyed in a pretty, retro setting or on the terrace. English breakfast (coffee, beans, bacon, fried eggs...) starting from &24, gourmet platter (muffin salmon, Périgord buns, scrambled egg, red fruit, glass of champagne...) &49 and plenty more to choose from.

https://www.breakfastclubfrance.com/



The Calanque M restaurant

## Hôtel de la plage Mahogany \*\*\*

Dazzling view of the sea and Cap Canaille, elegant cuisine, welcome to the Calanque M, on Bestouan beach. New: gourmet BRUNCH, all-you-can-eat sweet-and-savoury mix, every Saturday and Sunday from noon to 3pm. Sweet: Special Breads and Pastries, Pudding, Muffins, Lemon Cake, Pancakes, Homemade Jams, Honey, Chocolate Spread, Cottage Cheese, Yoghourt, Porridge, Almond Milk, Walnuts and Dried Fruit, Cereals, Fruit Compotes, Fresh Fruit Platter. Savoury: Parmesan Aubergines, Smoked Salmon, Shrimp Tabouleh, Grilled Peppers Ham Croissant, Avocado, Scrambled, Soft-Boiled, Fried, Hardboiled Eggs, Hams and Bacon, Cheeses.

Rate: €49 www.hotelmahogany.com

The Baïto restaurant at Cassis Bodin



Opened on 20th August 2022, the Baïto restaurant (little hut) is a chic yet rustic address, in the heart of the Domaine Cassis Bodin's vineyards. Brunches created using market produce, accompanied by pressed fruit juices and hot drinks, and even wine from the Bodin Estate. Pastries or toast, butter & jams, fried or scrambled eggs + bacon, brioche buns, avocado, salmon and herb cream, cottage cheese, muesli and seasonal fruit.

Sweeter? As an option we can add: French toast with strudel and caramel style apple, Liège waffles or pancakes dunked in maple syrup...

Brunch menu starting from €37

https://www.baito-restaurant.com/la-carte

## **HIGHLIGHTS & WHAT'S NEW IN CASSIS IN 2024**

## **FOOD'S READY!**

## Facing the sea...



On the beach...

The Same Same beach proposes Mediterranean cuisine made using fresh seasonal produce. It offers ideal surroundings, on Bestouan beach to while away the hours gazing at the Great Blue Deep and the majestic Cap Canaille, from breakfast to dinner, not forgetting an aperitif and lunch. The Plus: pétanque ground for a challenge!

https://www.facebook.com/samesamebeach

## The unmissable Villa Madie \*\*\*

La Villa Madie \*\*\* gastronomic restaurant is the inn where "the Droisneaus" receive their guests around the establishment's "Signature" dishes, renewed with talent, as the mood and the seasons take them. In 2022, their third Michelin star rewarded the talent and commitment of chef Dimitri, his wife Marielle and their teams.

#### It's even better in 2024!

The Brasserie du Corton – open at midday and in the evening, from <u>Thursday to Sunday</u>, all year round – is the perfect place for tasting Dimitri's wonderful cooking, around a three-course market menu: starter, main and dessert, as the fancy takes you. €60

And always, the incredible view of the sea and Cap Canaille, in both establishments.

www.lavillamadie.com

Le Comptoir de la Plage, is one of those chic beach huts, standing on Grande Mer beach. There, you'll be able to enjoy the local cuisine, light and tasty in the restaurant, at the bar or in the comfy deckchairs, with a view of the sea. A short menu, focusing on seasonal produce.

www.comptoirplagecassis.com

In its new building on Bestouan beach, Le Bestouan proposes simple and authentic cooking with your toes dipping in the sea. Fish arriving directly from Poissonnerie Jeff...













Spirit of a family home...







## **Original!**

## The Table d'hôtes fixed menu at the Hôtel les Volets Rouges

The chef Sébastien proposes his local and seasonal home cooking with generous dishes with accents of the South. <u>Make the most of it</u> until May, the *table d'hôtes* is open to all for dinner, booking required, Tuesday to Saturday <u>www.lvrcassis.fr</u>

## Panisse chickpea fritters, tapas and hospitality in the village's bars

Besides the wine bars, veritable institutions like the Divino and La Maison de Jo & Gaby propose Cassis wines paired with gourmet platters on their terraces or in their miniature cellar.

For the vibe, Cassis wines or cocktails and gourmet nibbles, with a special mention for:

La Fontaine, an address in the village for 30 years, which has managed to reinvent itself with the arrival of Fred and his son Léo, while preserving the family spirit that makes this place so charming.

Le Café Liautaud, another institution, on the harbourside, this time proposing a Brasserie format with a menu turned towards the Mediterranean, which evolves with the seasons. It's good for your morale: Choosing the solidarity cocktail of the day, donated entirely to charities chosen by Marie-Pierre, the mistress of the house...

A newcomer: the bar Le XXème, the latest addition, Rue Victor Hugo, has been given a makeover and proposes an original selection of tapas ...

Chez Poulette, this is the perfect place to go to with your mates to enjoy some Cassis wines paired with cooking with an exotic touch.

## **HIGHLIGHTS & WHAT'S NEW IN CASSIS IN 2024**



## **SHOPPING & CRAFTS**

## L'Eau de Cassis

The artisan perfumer Fabrice Cicot perpetuates the know-how of the house founded in 1851. The range is enriched each year with new fragrances evoking Cassis, the garrigue, the sea...

#### New in 2024: perfume creation workshops

The perfumer's art is passed on in this lovely, newly created space in the Eau de Cassis Boutique Museum. With this workshop, you'll learn to define the top, heart and base notes, how to marry materials and fragrances to create an original perfume. Each apprentice perfumer will leave with the Eau de Parfum that they have created themselves (100ml bottle).

Ninety-minute workshop, on Fridays, Saturdays and Sundays. Booking required.

Starting from €195. www.leaudecassis.com

## **Autrefois**

This artisan biscuit-maker/delicatessen proposes the best sweet and savoury Provençal specialities, crunchy almonds, navette aniseed biscuits, chocolate-coated olives, candied fruits, tapenade and spreads... You'll be spoilt for choice! It's all delicious...

https://www.autrefois-terroir.fr

## **New: Monsieur Praline**

Céline and Arnaud know the world of confectionary well. After seven years working with calisson almond biscuits, they were looking for new delicacies, both simple and tasty." And it was quite naturally that they turned to *praline* sugared almonds. A nut, with some brown sugar and water added, and possibly some spices too. The pralines made by Monsieur Praline are only 33% sugar, peace of mind assured! All the produce are of the highest quality and best origin. New recipes – spicy Christmas pralines, salty truffled pralines – see the light of day every day of the month.





## Don't miss out on these!

### THE MARKETS

in the heart of the village

Provençal, on Wednesday and Friday mornings

> Farmers', Saturday morning

Fishermen's stalls, in the morning on the harbourside

Trendy boutiques and precious advice from the sales staff, 7 days a week, that's Cassis (nearly) all year round. Shopping is part of the village's DNA and this is something you can do with passion here. Strolling down the narrow streets and along the harbourside looking for the latest fashions or for something timeless, whether its ready-to-wear, accessories or homeware.

# The Sardine Pottery

The varnished earthenware creations made in the Sardine Pottery are constantly reinventing themselves. Discover the new pieces of crockery, new shapes and colours created by Delphine, in the pottery and on the Cassis market. Jewellery and boxes made using the raku firing method complete these craft productions.

www.poteries lasardine.free.fr

## **Gwendoline Pieters' Studio**

A local artist who reveals her personal and colourful vision of the coast, from Cap Canaille to the Calanques, taking in Cassis fishing harbour.

www.gwendoline-pieters.com

## L'Art du Temps Studio and Gallery

A cutting-edge selection of today's artists and craftsmen, to decorate your home faultlessly!

Upstairs, the Galerie Novarino presents a collection of pop-art paintings and works...

https://www.art-du-temps.com

## **HIGHLIGHTS & WHAT'S NEW IN CASSIS IN 2024**

ACTIVITIES VISITS



# Unique in France! Guided tour of the Méhari Club workshops

With the Living Heritage Enterprise label, the Mehari Club proposes guided tours of its various automobile workshops from May to October: upholstery production, chassis manufacturing line, metal workshops, reconstruction or electrification of old vehicles. To end with, the tour takes you around the exhibition of historical models that have made the double-chevron marque (Citroën) so famous.

Admission: €10.

Booking on ot-cassis.com

www.mehariclub.com

## **Guided tours of the Camargo Foundation**

Setting out in the footsteps of the American philanthropist Jerome Hill and his wonderful Mediterranean garden...

Fridays, Wednesdays (in English) from mid-April to mid-October.

Free, booking required.

## **Embrace the Dolce Vita**

And roam around Cassis and its region on a Vespa.

Electric scooter and Vespa rentals with Calankscoot,

https://calankscoot.fr or Trolib (electric scooters)

www.trolib.com

# A new signposted family walk through the forest, to get a breath of fresh air...

The Cassis district council and the ONF (French Forestry Commission) have a created a new educational path – the Mussuguet – to offer an easy one-hour walk setting out from the village into the forest. Learn about the flora and fauna...

Download the application



# New rock-climbing routes at Port Miou

To satisfy your thirst for heights and train in complete safety!



With the Guides Office

# Starting in the spring the Route des Crêtes becomes a pedestrian trail...

New: this spring the Route des Crêtes, going from Cassis to La Ciotat, via the summit of the Canaille, will be reserved for pedestrians and soft modes of transport on Sundays. Good news for nature!

### Lime

You want a helping hand to explore Cassis on your own?
The Lime company proposes 100 bikes for hire spread around 20 spots, allowing you to visit every nook and cranny around the village.



https://www.li.me/fr-fr

# CASSIS, AN ECO-RESPONSIBLE AMBITION



Our values:

Sustainable tourism that respects our surroundings and people, to welcome our visitors under the best conditions, and offer everyone an unspoilt environment.

# The Calanques National Park



Established in 2012, this is the largest peri-urban park in Europe, covering land and sea. 90% of the park's 158,000-hectare footprint is maritime. Its role: to encourage the various players to protect this amazing adventure park, and sustainably manage this extraordinary natural jewel, that is rich yet fragile.

Seawards, the Calanques National Park offers an exceptional heritage. Sixty heritage species can be found here. This protected wild paradise is home to several rare species such as the Herbe à Gouffé (Arenaria provincialis), the noble pen shell, the hatpin urchin; and further out to sea bottlenose dolphins and loggerhead turtles can be seen.

Landwards, the biodiversity is remarkable, 138 protected plant and animal species have taken up residence there: Bonelli's eagles, yellow-legged gulls, and European free-tailed bats. A succession of calanques, creeks and cliffs among the highest in Europe offer some breathtaking views.

The 15,000 hectares of the Calanques and Cap Canaille area are world-famous as a great place for hiking, rock climbing, diving and sea-kayaking...







# Blue & green

Since 2009, The Blue Flag has floated over the beaches of Cassis. The quality of the water at the four swimming sites (Grande Mer, Bestouan, Arène, Corton) are classified "excellent" by the Regional Health Agency. The Calanque de Port Miou has the Blue Harbour label.

# Le vignoble Appellation d'Origine Controllée Cassis

est entièrement intégré au Parc national des Calanques

85% du vignoble de Cassis est bio ou en démarche de conversion

# The Green Key label

Besides the Hôtel les Volets Rouges and the Fontasse Youth Hostel, the Hôtels Cœur de Cassis 3\* and Roches Blanches 5\* obtained the Green key label in 2023, and in early 2024 it will be the turn of the Suite 23 and Demeure insoupconnée guest houses.

# Time for electrics

Electricity is in the limelight at Cassis. E-mountain bike outings organised in the village, the Park and the vineyards, Tuktuk tours along the Route des Crêtes, scooter rides, sailing in the Calanques on a hybrid boat, boat rentals with no licence required... Everyone can choose what suits them best to appreciate - without too great an effort thanks to electrical assistance - these places to the full in peace and quiet.

Charging points for cars in the Mimosas car park and the Savon car park.

# Hot tip: Gorguettes free car parks

We all know how popular Cassis is in the summer! To ensure everyone can live an agreeable experience even in midsummer, there's a free out-of-town car park where holidaymakers can park and then ride into the centre of the village or to the Calanques for the modest price of a bus ticket (€1.60 return).





# FULL-SCALE NATURE!

From the ochre and golden Cap Canaille to the famous white limestone Calanques, the Cassis coastline is unique, and absolutely unmistakable. Nature is grandiose here, everywhere you look, the colours explode, the landscapes amaze, the vegetation reigns and and the superlatives abound. Cap Canaille is the highest maritime cliff in Europe, the Calanques Park the Number One peri-urban park, Cassis stone was used for the quays of Alexandria, the Route des Crêtes that goes from Cassis to La Ciotat "stunning" and, as Frédéric Mistral said, "Anyone who has seen Paris but not been to Cassis, hasn't seen anything at all". Cassis has a good nature and strives to protect it. Here, the protection of the environment is not an empty phrase, it is part of this area's DNA.

# But what is a Calanque?

The Calanques were formed 120 million years ago. Situated to the west of Cassis, the Massif des Calanques consists of white limestone more than 400m thick. Marine valleys have been carved out, creating veritable miniature fjords, sometimes sheltering magnificent natural coves. Although the Calanque de Port Miou is the only one really located in the district of Cassis, visitors can extend their exploration to the nearby Calanques. Port Pin and its Aleppo pines or En Vau "the pearl of the Calanques" with its exceptional climbing routes.

Important! Access to the Calanques National Park is restricted from 1st June to 30th September, owing to the fire hazard.

Only the Calanque de Sugiton requires booking in the summer.

Find out more: www.calanques-parcnational.fr or Application: Mes Calanques

A word of advice from a local: the Calanques can be seen at their best early in the morning in summer or, even better, out of season, to make the most of the tranquility of the place!

# 1001 THINGS TO DO OUTDOORS, CHOICE PIECES











Boat outing to explore the Calanques, boat hire with or without a license, sailing boats of every type... The offer is broad for making your own way. And for lovers of silence and effort, a kayak or stand-up paddle sea "hike" sliding over the waves at your own pace, with the lapping of the paddles as the only sound. A must, an outing at the end of the day to appreciate the variations of the light on the rocks of the Calanques and of Cap Canaille. Explore a world of silence and make some astonishing encounters: scuba diving and snorkelling will also offer you some lovely moments in Cassis. New: The Route des Crêtes pedestrianised on Sundays starting in the spring.

The <u>Cassis Guide Bureau</u> organises multiple themed outings suitable for everyone. From a family hike to abseiling down Cap Canaille, not to mention the adventure trails, because the panoramic view is well worth some heady sensations! Programme on www.guides-calanques.com

<u>The unmissable Cassis boatmen</u> propose commented tours of 3 to 9 Calanques all year round. One-hour (€19) to two and-a-half-hour cruises in the Calanques Park. Among the must-do experiences: four hybrid-powered boats for "better listening to nature" or the "<u>Calanque & Détente" outing, a 3-Calanques tour with a stop-off to relax/go for a swim</u>, Anse de l'Arène, June to September. <u>New in 2024 season:</u> online booking.

www.calangues-cassis.com

Take the helm and sail at your own pace, by hiring a 100%-electric Salt E. <u>JCF boat</u>'s no-license self-drive boats, offering 4\* comfort with bathing ladder and picnic table. www.jcfboat.com

Locbateau also proposes a lovely range for gently crisscrossing the Calanques www.locbateau.fr

Thanks to its recent popularity, <u>paddle-boarding</u> has now been added to the wonderful <u>kayak outing</u> offer proposed in Cassis, for sliding noiselessly through the "secret" Calanques. Guided outings, snorkeling outings at sunset...

CSLN www.cassis-kayak.com

Lokayak www.lokayakcassis.com

Guided <u>stand-up paddle</u> hike for the Port Miou, Port Pin and En Vau Calanques, 4hrs skimming over the water to admire the limestone rocks and turquoise water close-up, www.ot-cassis.com

<u>Scuba diving</u> in good company with the experts from <u>Narval</u> www.narval-plongee.com or <u>Cassis Calanques</u> <u>Plongée.</u> www.cassis-calanques-plongee.com

# The village's beaches



## Where to chill out?

Sometimes, the exquisite Calanques are overshadowed by the Grande Mer beach, nestling at the foot of the château. Easily accessible, this is ideal for everyone, including families (supervised swimming) and can satisfy any craving for an ice cream or for a stroll along the nearby harbour quays. The loungers at the <u>Grand Large</u> - www.cassis-grand-large.com or at the <u>Comptoir de la Plage</u> allow you to treat yourself to a luxury moment of relaxation. Savoury seasonal cuisine. Their evenings are great fun too! Music, barefoot in the sand...

Bestouan beach, also supervised, is a more confidential pebble beach. Half way between the town centre and the Calanques, it is sheltered from the Mistral wind and the water there is crystal clear. Amazing view of the majestic Cap Canaille. Perched on the beach, <u>Le Bestouan</u> proposes cooking from the sea in a friendly, refined atmosphere, and comfy deckchairs for a moment's meditation gazing at the sea.

Up above, the <u>Same Same beach</u> proposes its seasonal cooking and a lounge space, where you can enjoy the wines of Cassis and play pétanque.

The Anse du Corton and the Anse de l'Arène, intimate natural creeks, nestled at the foot of Cap Canaille, just a 15-minute walk from the town centre.

On the Presqu'île, <u>La Plage Bleue</u> proposes a private solarium with loungers and a paddling pool. Relaxed cooking for another special experience overlooking the water.

www.restaurant-la-presquile.fr/restaurant-la-plage-bleue-cassis

Find out all about the beaches, their services and access at: www.ot-cassis.com/mer.html - Application: Cassis Infoplages

# CASSIS, A WAY OF LIFE



All year round.

Some people prefer the unique early-morning light of January, others the copper tints of the grape harvest in the autumn, or their first swims in the month of May in the crystal blue of the Calanques. Cassis deploys its caféterraces all year round, the boatmen take the holidaymakers out to sea every day, the shopkeepers extend a warm welcome to their customers 7/7, as for nature, it offers its share of surprises with each passing season. There's an inimitable mildness about Cassis, a light sublimated by the outline of Cap Canaille (and vice versa!) and a lifestyle tinged with elegance and simplicity.

### 24 hours in Cassis

<u>Step 1:</u> Have a coffee as day breaks over the harbour, watch the town come to life. When the boats have come back to harbour, buy your fish at the fishermen's stall (every morning on the quay - seasonal fish and sea urchins). And because Cassis is in Provence, the market is a must-see: tapenade olive paste, fougasse flat-breads, sun-drenched fruit and vegetables, goat cheeses... Even in the middle of winter the stalls are mouth-wateringly fragrant. (Provençal market on Wednesday and Friday mornings, farmers' market on Saturdays.)

<u>Step 2</u>: Dive in to the Great Blue Sea, with your family on the supervised Le Bestouan and Grande Mer beaches, or wander along to the Calanques for a spot of snorkelling. Picnic or gourmet restaurant when you get back to the village. And at siesta time, two options: head off to Square Gilbert Savon to watch the lively games of pétanque (every afternoon) or enjoy a bit of shopping in the many shops in the town centre.

<u>Step 3:</u> In the evening, the choice is vast: winebars, bistro, gastro-restaurants, festive atmosphere, jazz concerts, evenings on a rooftop or in the vineyards, or the casino if you fancy a little flutter....

## CHOICE OF BEST ADDRESSES







## Where to stay?

On the harbourside, <u>The Originals Cassitel</u> \*\* is the perfect address to experience Cassis from the inside for a reasonable price. View of the harbour or of the village, just a stone's throw from Grande Mer beach. www.cassitel.com

A different spirit at <u>Le Jardin d'Émile \*\*\*</u>. Colours and incredible charm for this little hotel (7 rooms) opposite Le Bestouan beach.

www.lejardindemile.fr

Facing the bay and Cap Canaille, lounging on the wooden decking at the <u>Best Western Plus La Rade \*\*\*</u>, you can swim nearly all year round in the heated outdoor pool with hydromassage. www.bestwestern-cassis.com

In the middle of the bougainvilliers and pines, the <u>Hôtel Les Jardins de Cassis</u> \*\*\* offers a perfect setting for a quality stay, mixing authenticity and modernity. Heated pool, sunbathing and parasols in green surroundings. www.hotel-lesjardinsde-cassis.com

Value guaranteed, the <u>Royal Cottage</u> \*\*\*. A veritable cocoon, a ten-minute walk from the harbour proposes rooms with a balcony, taking in the scenery, seaview, Cap Canaille and the lush Mediterranean garden.  $\underline{www.royal-cottage.com}$ 

Night in the stars at <u>Le Château de Cassis</u> overlooking the village in all its majesty, it opens its rooms to a few privileged guests. Authentic luxury and an absolutely unique panorama. <u>www.chateaudecassis.com</u>

<u>Le Cap</u>, this 5-room guest house is the ideal place to stay: magnificent view of Cap Canaille, infinity pool, tropical garden, sauna, e-bikes and paddle-boards available. <u>www.lecapcassis.com</u>

<u>La Demeure Insoupçonné</u>e, a lovely traditional building offering an unobstructed view of the sea, Cap Canaille and the Couronne de Charlemagne rock. The pluses: pool, fitness room. New in 2024: Green key label. www.la-demeure-insoupconnee-cassis.com

For everyone wanting to go everywhere on foot: the <u>hôtel L'Eden\*\*\*</u>, a charming little hotel situated in a peaceful setting, a three-minute walk from the harbour and the beach, proposes rooms and apartments decorated with care. Heated pool from March to November, Jacuzzi, car park. www.hoteldefrancemaguy.com

<u>Les volets rouges</u>, this is quite simply THE address in the Massif des Calanques, where you can make the most of the terraces with a view of the hills... and set off with your hiking boots on. Table d'hôtes (open to all until May)

https://www.lvrcassis.fr/fr







## Where to eat?

<u>Le Grand Bleu</u>, on the harbourside, serves its elaborate cuisine with quality fresh local produce. Wild fish specialist with daily landings from the Cassis fishermen, rock-fish soup, fried cuttlefish,..

Phone +33 (0)4 42 01 23 23

Opposite the railway station, with a garden view, sitting down at a table at <u>La Loco</u> means savouring authentic Italian cuisine - powerful, with a strong character. The flavours and aromas abound, it's a lesson in gastronomy. Without forgetting the surroundings and François' deliciously vintage decoration.

Phone +33 (0)4 88 42 41 65

Like a real local, seek out «<u>À Table</u> » in a narrow street and congratulate yourself you've made this discovery. Short menu, fresh, seasonal produce. In the evening, tapas mixing the Mediterranean with the Indian Ocean. www.atablecassis.com

It says it all. At <u>La Poissonnerie</u>, we serve fresh fish to eat on the spot or take away! Family spirit, flavoursome cooking, tables on the harbourside and straight talking. Phone +33(0)442017156

For more than 30 years, a coffee, a glass of white wine, salads, dish of the day, burgers and tartars, at all hours facing the harbour, looking forward to seeing you at the <u>Bar Le France</u>.

<u>Mr Brun</u>, with its lovely red terrace you'd think you were in St Tropez. The superb seafood platters, the Sea or Land tapas, the dishes of the day... by Mr Brun, are things to savour facing the harbour.

Home cooking for this go-to place for lovers of Provençal flavours. On the menu at <u>La Vieille Auberge</u>, fish soup, mussels au gratin, bouillabaisse, grilled fish... not to mention "Hot & cold apple, salt butter caramel". <a href="https://www.restaurantvieilleaubergecassis.com">www.restaurantvieilleaubergecassis.com</a>

Fresh fruit cocktails, burgers and breathtaking view of Cap Canaille. The <u>Same Same Beach</u> seems to plunge straight into the sea at Le Bestouan beach.. <u>www.hotelmahogany.com</u>

Standing at the <u>Divino</u> bar. Seated around the counter or the wine casks on the terrace of this excellent wine bar, the Divino's customers chat late into the night and enjoy the cellarman's gems. Philippe, sommelier for more than 30 years and his wife Véronique dispense their expert advice. Tapas, slates of matured cheeses and top-of-the-range charcuterie, fresh truffles and caviar. <u>www.divino-cassis.com</u>







## THE GO-TO SHOPPING EXPERIENCE

The Cassis Great Sale

1st weekend in Octobere

Ready-to-wear, accessories, deco...

Great end-of-season bargains

## Where to fill your shopping basket?

Objects made of Cassis Stone, but not only - <u>Bazarette</u>, is the Aladdin's Cave for interior decoration in Cassis. You're sure to find what you're looking for..

2 Rue du Jeune Anacharsis

Varnished earthen tableware in summer colours. Delphine "La Sardine" welcomes you in her studio <u>L'Atelier de la Sardine</u> by appointment, and exhibits at the market on Wednesday and Friday mornings in the high season.

www.poterieslasardine.free.fr

At the artisan perfumer's boutique <u>L'Eau de Cassis</u> visitors will hear how Lorenzo Salvaire - the great-greatgrandfather of the presentday nose Fabrice Cicot - created this unique fragrance in 1851 for a lady from Marseille who was on holiday in Cassis. Since then a multitude of "eaux" have completed the collection..

<u>New: perfume composition workshops</u> in the Boutique Museum space, rue St Clair <u>www.leaudecassis-shop.com</u>

Just a stone's throw from the harbour, l'<u>Art du temps</u> is the unmissable boutique for the home or to find a gift. Decorative articles, works of art, furniture, locally pottery, Stéphane allows us to discover his wonders. www.art-du-temps.com

Fashion and accessories, we were familiar with the lovely articles made by acknowledged cutting-edge creators selected by the Boutique <u>Chez Lulli</u>. It has now been completed by a second space entirely dedicated to shoes since last year.

www.lulli-sur-la-toile.com

# Specially for the kids...



To take a break between two swims at the beach, kids can climb the trees at the <u>Cassis Forest</u> treetop adventure trail, and on rainy days (even if they are few and far between!), the <u>CAP Provence</u> swimming pool will allow them to perfect their crawl. Reduced rate for the treetop trail with the Tourist Office: www.ot-cassis.com

And so your kids can become detectives and try to solve the <u>mysterious Calendal's riddles</u> in Cassis: the "Treasure Hunt" booklet, on sale at the Tourist Office.

Not forgetting, the <u>little train</u>, which offers children and adults alike a lovely commented tour to the Presqu'ile quarter... Tickets on sale at the Tourist Office and online

## **FORKS & WINE GLASSES**



# Provençal cuisine

Colourful, aromatic and traditional, it is based on the freshness and quality of the raw materials. It gives pride of place to the produce of a rich soil and fish-filled sea.

A glance at the Cassis markets allows you to sense all their richness and variety: strawberries, peaches, melons, figs, tomatoes, courgettes, peppers, aubergines, violet artichokes... Thyme, rosemary, myrtle, garlic and basil, not to mention Provence olive oil, goat cheeses, fish, anchovies and sardines, sea urchines (depending on the season)... The scene is set, all the ingredients are there for simple, family cooking, everyday slow-cooked dishes, great classics, as well as refined original recipes imagined or revisited by our chefs.

Cassis-on-sea! There are still about ten fishermen working in Cassis and they have their own prud'homie\* on the harbour, a real manifesto in this day and age!

Some stalls are set up on the quays each morning, where you'll find sea bream, red mullet, John Dory, red scorpion fish, red gurnard, conger eels, rockfish, comber, monkfish... Not to be missed, from November to March, sea urchins with reddish-orange coral to be enjoyed on a slice of bread and butter accompanied by a glass of Blanc de Cassis.

## Remarkable addresses for the gourmet!







## La Villa madie\*\*\*

Nestled in Anse du Corton, facing Cap Canaille, the 3\* restaurant La Villa Madie is an exceptional address. Chef Dimitri Droisneau, Michelin 3\*, proposes his gastronomic cuisine there. Relying on local distribution circuits, he works with the best local farmers, to bring out the best of the seasonal produce, make great classics - ah! the lemon tart and his Norman shortbread - and create new recipes with talent, precision and passion...

Another atmosphere, the same view and bistro-type cooking are proposed at the <u>brasserie du Corton</u>, this is a convivial place where you can stop off to taste the moment in complete simplicity, from Thursday to Sunday, midday and evening.

www.lavillamadie.com

## <u>Les Roches Blanches</u>

Les Roches Blanches proposes refined Mediterranean cuisine at the Belles Canailles, for sharing at the Rocco and "crudo" style at the Loup Bar. Let's welcome the arrival of a new chef, Nicolas Sintes in April, who will be committed to working exceptional regional produce. "The artist" Valentin Fabry, pastry chef, works at his side to treat the sweet-toothed.

And also: La Pétanque. This is the friendly space by the sea to enjoy a cocktail, a glass of wine and spend a perfect moment, from the aperitif through to the end of the evening, in the shade of the stone pines, then under the strings of lights, in a *guinguette* spirit.

www.roches-blanches-cassis.com

## Chez Gilbert

This establishment is a veritable institution and belongs to the select circle of the "Charte de la Bouillabaisse Marseillaise". Here, the bouillabaisse consists of at least six different fish (John Dory, red scorpion fish, red gurnard, conger eels, monkfish and rockfish), enhanced with *favouilles* (crabs). The tasting follows a precise ritual, the broth is served with a *rouille*, a spicy aïoli with saffron and croutons rubbed with garlic. Then come the fish carved up in front of the guests.

www.chezgilbert.net

## <u>Le Baïto</u>

Mediterranean cuisine, a superb view of the vineyards of the Domaine Cassis Bodin and wines from the estate... A "confidential" address where you can savour and share a delicious moment.

06 12 26 60 22

## La Presqu'île

In the heart of a lovely pine forest, La Presqu'ile benefits from such a lovely view of Cap Canaille, that you could easily forget why you came. Here, the chef Thomas Boulanger who has just taken over the kitchens, welcomes gourmets and proposes refined flavours, mixing Provence and Mediterranean. Thomas learned his trade in some of the great local restaurants, such as the Auberge du Revestel. <a href="https://www.restaurant-la-presquile.fr">www.restaurant-la-presquile.fr</a>

## Ô Rêv

A charming place, nestled in the village. The chef elaborates his creative gourmet cooking, that will delight you from starter to dessert. A menu that changes each season. And if you needed another reason for discovering this place: here, you're welcomed like a friend!

www.orevcassis.com

## Le Grand Large

The go-to place for a family Sunday lunch, unrestricted view of the sea from the beach, <u>le Grand Large</u> serves fish, bouillabaisses, bourride fish soups, crustaceans and shellfish (October to April). Sushi menu in the evening.

www.cassis-grand-large.com

## For the night-owls!

At the <u>Cendrillon</u>, the discussions are animated on the terrace till the small hours! Lively evenings, card games, musical atmosphere and your last glasses of white wine, it's here that it all happens!

Whether they're on a winning streak or not, the gamblers can try their luck till the small hours at the <u>Casino Barrière</u>, slot machines, gaming tables, electronic games, poker! Outdoor gambling space. Lounge bar and terrace with a view of the château for a starlit dinner. From mid-June to the end of August, DJ evenings on the terrace. www.casinosbarriere.com/fr/cassis

At the <u>Big Ben</u>, you can dance through to the end of the night, with the best French and international DJs.

Here, you'll find a place to enjoy until two in the morning, in season, sitting out on the terrace at <u>La Maison de</u> <u>Jo & Gaby</u> to discover and appreciate the best wines, tapas, fine food produce, including a selection of cheeses matured for 24 months, Spanish, Corsican and Italian charcuterie. <u>www.lamaisondejoetgaby.fr</u>







# THE CASSIS VINEYARDS



The Appellation d'Origine Contrôlée Cassis which will celebrate its 90th anniversary in 2026, is the oldest of the Appellations in France. But you have to go back nearly 2,600 years, when the Greek colonies settled here, to tell the long story of winemaking in Cassis. As the centuries have gone by, the winemakers have learnt from this special terroir, and adapted their grape varieties and practices to produce a unique wine today, to produce a unique wine today, showing the greatest respect for the soil.

## CASSIS, LAND OF WHITE WINES

Pride of the AOC Cassis, the white wines represent the major part of the production and contribute greatly to its reputation. The white wines of Cassis have a light yellow colour with bright reflections. They give off their sweet citrus and white flower scent, enhanced by iodine notes, the imprint of their terroir. After a few years in the cellar, the aromas become more complex around a generally honeyed note. Round and lively on the palate, leaving an intense and wonderfully balanced freshness, typical of the wines of Cassis..

## IN A FEW FIGURES

215 hectares of vineyards 40 hectolitres per hectare 1 vine = 1 bottle

80 % whites, 17 % rosés, 3% reds

1 vineyard inside a National Park

1 million bottles sold each year

7 hectares for the smallest estate

85% of the vineyards are organic or in the process of converting to organic

## <u>IN THE WINEMAKERS' WORDS...</u>

"The profound identity of our wines can be summed up in just a few words: the minerality provided by the limestone surrounding us, the subtle salinity that is regularly brought by the sea breezes. Yes, the Mediterranean is close by at the gateway to the vineyards, and its influence cannot betray the provenance of our wines." Jonathan Sack - Clos Ste Magdeleine

"In Cassis, wine is like the village: it has managed to access modernity while preserving its authenticity." Sébastien Génovesi - Domaine du Bagnol, President of the Winemakers' Association

"When you adopt this profession, you do so to hand it down; when you plant a plot of land, it's for forty years." Olivier and Christophe Santini - Domaine du Paternel

## **ESTATES & WINEMAKERS**

There are eleven estates, situated in a veritable amphitheatre that opens up on to the sea, and rises up to an altitude of between 10 and 200m. Some are gently sloping, others climb up in *restanques* (terrace cultivation), all benefit from the breeze, 3,000 hours of annual sunshine and low rainfall, mainly in the spring and autumn. The Cassis winemakers have shown a real commitment, and have resisted the call of the property developers, and turned towards organic wines. With passion, they watch carefully each day over the quality of their wines, respectful of tradition while adopting new techniques.

## **DISCOVER THE VINEYARDS DIFFERENTLY**

Cycle through the vines, electrically assisted! Admire the terraced valleys with their Cassis AOC vineyards, the superb views of the sea and, to top it all, enjoy a tasting on a wine estate.

www.trolib.com and www.calankbike.fr

A difficult choice? Stop off at a wine cellar such as the Maison des Vins. Discover the wines, their *terroirs*, learn to know them, understand them... In its catalogue, la Maison des Vins proposes an incredible selection of wines, the promise of good times to come with family and friends. www.maisondesvinscassis.com

And the cellarmen and wine bars too, Le Divino and La Maison de Jo & Gab.



## ZOOM IN ON SOME ESTATES...

<u>La Dona Tigana</u>, the most recent estate in Cassis, was founded in 1999 by Jean Tigana, the famous footballer and wine connoisseur. The estate has 19 hectares of organic vines. The white is mineral, with a flinty taste. It is one of the few Cassis vineyards that proposes different guided tour formulas. Booking required on www.ot-cassis.com. Musical evenings to dance under the stars while enjoying some of the estate's wines. <u>New cabin among the vines</u> for wine tasting sessions www.ladonatigana.com

The <u>Domaine Cassis Bodin</u>, a story that began in 1901 with Emile Bodin. This lover of Cassis, defender of the environment ahead of his time, friend of Frédéric Mistral, was the first person to develop the vineyards of Cassis and to sell his wine in bottles. Today, his great grandchildren strive to follow in the footsteps of their elders, while innovating to elaborate new vintages. The Emile Bodin vintage won 1\* in the Guide Hachette. Various tasting formulas organised around the estate's wines, booking required. www.ot-cassis.com / vinscassis-bodin.fr

The <u>Domaine de la Ferme Blanche</u>. This estate's history dates back three centuries. Since 1714 it has remained the property of the same family. Jéromine, the daughter, gave up her life as a schoolteacher to devote herself to it with passion. The 30-hectare estate proposes several whites, along with some reds and rosés, all organic. Tastings and sale on the estate. <u>New lounge-style terrace</u> overlooking the vines, for enjoying a delicious moment around the property's wines...

www.domainedelafermeblanche.com

### The Domaine du Paternel

Four generations have followed one after the other to cultivate their vines with passion, respectul of the land. The commitment of a family rewarded by the Guide Hachette, with the title of "Winemakers of the year 2023 in Provence". The white wines develop a beautifully rich fragrance. The estate also produces rosés and reds, all organic. 45 hectares. Tasting and sale at the cellar. www.domainedupaternel.com/

The <u>Domaine du Bagnol</u>, founded in 1867 by the Marquis de Fesque, lies sheltered by Cap Canaille. The organically grown vines extend over about 17 hectares. The Blanc de Blancs has a refined, honeyed nose, and is fruity (pear, lemon) on the palate. An elegant, stylish wine. Tasting and sale on the estate. <a href="https://www.domainedubagnol.fr">www.domainedubagnol.fr</a>

The <u>Clos Sainte Magdeleine</u>, founded in the 19th century, becoming a farm in 1920, it was only in 1976 that the estate developed and was reorganised in its present-day structure. Since 2008, it is Jonathan, the son, who has ensured the vineyard's continuity. The estate extends under Cap Canaille overlooking the sea. 12 hectares of organic vines. The white has a white-flower, citrus nose, and on the palate it is a smooth sweet wine with a hint of honey and almonds. Tasting and sale on the estate.

www.clossaintemagdeleine.fr

#### Find out more: vinsdecassis.fr

The AOC Cassis takes to the social networks with instructive, funny and useful contents, pages brimming with information. Take a look!.

www.facebook.com/vinsdecassis/







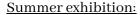
# JAZZ, WINES AND CULTURE, IT'S LIVELY IN CASSIS

## <u>Culture</u>

**Spring** exhibition

"Guy TOUBON: Between abstraction and figurative from 24th February to 1st June.

At the Musée d'Arts et traditions populaires



"Jacques TROUPEL: An artist with new means of expression.", from 22nd June to 19th October.

At the Musée d'Arts et traditions populaires

 $\underline{Spring\,Book\,Fair:}\ from\ 18th\ to\ 20th\ May$  Literary encounters, debates, book-signings

Esplanade A. Briand et Oustau Calendal

<u>Video mapping</u>: Friday 28th and Saturday 29th June, in the evening Projection of monumental images and videos on onto the castle's cliff at nightfall

Trials on 26 and 27 June

Cassis on stage on 5th, 6th and 7th July

The Delta Festival comes back again, facing the sea, on 5th July Esplanade de la Grande Mer. Ticket sales on ot-cassis.com

<u>Jazz sur le Toit</u>: 15th July-18th August

On Monday 15th July, then on Sunday evenings, head for a rooftop between the sea and the harbour for some dazzling evenings dedicated to jazz. Latin jazz, gypsy jazz, Brazilian sounds, New-Orleans jazz and women singers...

Booking and programme on www.ot-cassis.com

Cinema under the stars, Tuesdays and Thursdays in July and August

Esplanade Aristide Briand (evening). Tickets on sale on www.ot-cassis.com or on the spot.

11th Cassis Jazz Festival

<u>Literary evenings:</u> encounters with authors in August

Guided tours of the village
Our guide will reveal Cassis to you, with its history,
gastronomy... all year round.

€10 gourmet tasting included. Booking on: www.ot-cassis.com









## **Sport**

## The outdoor ice rink: until 10 March

Place Baragnon

Cassis Race, 4th May

300 rowers for a 6km rowing race

Starting every hour between 11am and 4pm

<u>Marseille-Cassis dugout race</u>, in May and <u>French Dugout Championship</u>, in June,

Cassis bay

The Sails of Cassis: from 9th to 12thMay

This 15th edition will bring together about thirty traditional boats and tall ships (some 25 m), from all over the Mediterranean for a series of trials and regattas in Cassis bay

portdecassis.com

## ATP Open Tennis Challenge: in September

Tennis des Gorguettes.

<u>Sardines Titus Triathlon</u>, 12th and 13th October, a weekend Grande mer or Bestouan beach (in the afternoons)

Marseille-Cassis semi-marathon: the last Sunday in October



<u>It only happens once!</u> Cassis will carry the Olympic Torch on 12th May.

Cassis is proud to be one of the towns that will welcome the Olympic Torch for the 2024 Games. Departing from the Calanque de Port Miou, the relay will be held on Sunday 12th May, from 9 to 10am, going to the harbour. A number of free events in the village, over the whole weekend.

## **Gastronomy**

Cassis celebrates its wine: 26th May

"Cassis" glass for the tasting: €10 Place Baragnon,

<u>Les Vendanges étoilées</u>, from 14th to 16th June: Culinary demonstrations by chefs, pastry and cooking workshops, producers' market... 3 days dedicated to the terroir and the wines of Cassis, to share.

<u>The Italian Village</u>: from 6th to 11th November Portofino & Cassis: Baci di Cunese, wines from the Piedmont, vespa, music and dolce vita liven up the heart of the village of Cassis.



## Tradition

9th Cassis in the garden: 30th-31st March and 1st April

Traditional flower and plant market

Place Baragnon and public garden

<u>Saint John</u>'s day: 24th June, Fire blessing and dances. Then it's <u>Saint Peter's</u>, the patron saint of fishermen who is celebrated on the Sunday, procession and aperitif

Night market, from 27th June to 31st August: places Baragnon and Clémenceau

Quai des Artistes, from 1st July to 25th September, in the evening, quai Calendal

<u>Terrace festival</u>, 1st July, the bar, café and restaurant terraces deck themselves out with colourful flags in the evening

Firework displays: 14th July and 15th August (ball)

# Christmas in Cassis

## The Christmas Market: beginning of December

In the heart of the village of Cassis, Place Baragnon.

## Staging and lighting up the façades of the fishermen's houses

Every evening, starting from the first day of the Christmas Market and until the end of the holidays. Harbour

## The Christmas Enchanted Forest with automatons

starting from the first day of the Christmas Market and until the end of the school holidays, at the Tourist Office.







# All together!

Operation Lets' Clean up the South, on Saturday 23rd April, clean Calangues in June...

Organ Donation Day - Maryse pour la Vie, Saturday 1 st July

in the village

www.maryse-pourlavie.com

Téléthon, 6th and 7th December



## **PRACTICAL ASPECTS**

## • <u>Preparing your stay</u>

The Tourist Office proposes all-in stays and escapades organised by specialists of the destination. On the programme: romantic escapade, detox or sports stay.

Information and booking: www.ot-cassis.com

The Cassis Secrets app proposes a host of activities and discoveries, themed routes interspersed with points of interest. Available on all platforms

## • Find out more

Cassis Tourist Office - quai des Moulins.

Phone: +33 (0)4 28 01 01 03 (new number since February 2023)

A second tourist information desk is open in season at Les Gorguettes.

The booking centre allows you to book your hotel, visits, shows & events, your themed stay...

www.ot-cassis.com

## • Getting here

By plane: Marseille Provence or Toulon Méditerranée airport

By train: TGV to Marseille St Charles then TER to Cassis

By car: A50 motorway, exit No 6 Carnoux-en-Provence or No 8 Cassis.

7 car parks in Cassis with real-time display of the number of parking spaces available.

The Gorguettes car park is free and proposes 220 parking spaces. The weekends from April to September and 7/7 in July and August, a shuttle leaves approximately every 20 minutes for the village centre (Casino bus stop) and the Calanques Park (Presqu'île bus stop).

<u>By sea:</u> Harbour-master's Office +33(0)442183590 - Port Miou Harbour-master's Office +33(0)442019624

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